APPENDIX I (2)

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

CONCUSSION EDUCATION AND AWARENESS FOR STUDENT-ATHLETES AND PARENTS

In 2010 the Connecticut legislature passed a law requiring concussion management education and an annual review for all coaches. Since the law our Coaching Education Program has provided over 14,000 coaches with the proper course developed in consultation with the State Department of Education, the Connecticut Concussion Task Force and the Connecticut Athletic Trainers Association. In 2014, the law was updated to include that the education be extended to student-athletes and parents. Additionally, schools must now notify a parent if a student-athlete is removed from participation for exhibiting signs or symptoms of a concussion. The notification must be within 24 hours from the removal. The Connecticut Interscholastic Athletic Conference has mandated all CIAC member schools require education about the signs and symptoms of concussions to all student-athletes and their parents prior to the student engaging in interscholastic activities. Schools are required to spend time in each pre-season meeting to present pertinent information regarding the recognition of a concussion signs and symptoms, the means of obtaining proper medical treatment for a person suspected of sustaining a concussion, the nature and risks of concussion, including the danger of continuing to play after sustaining a concussion and the proper method of allowing a student-athlete who has sustained a concussion to return to play. Each student-athlete and parent must sign a consent form prior to the start of each season. Supportive material which can aide in the dissemination of the information may include written material and videos found on the CIACsports.com web site (by choosing the “Sports Medicine and Concussion Information” option under the “CIAC for Students and Parents” menu, or via the “Downloads” tab in the Online Eligibility Center.

- A Parent’s Guide to Concussions:

- NFHS Position Statement on Soft Headgear:
  Link to uploaded file (http://www.casciac.org/pdfs/2013NFHSSMACPositionStatementonSoftHeadgear.pdf)

- NFHS Position Statement on Invasive Medical Procedures:
  Link to uploaded file (http://www.casciac.org/pdfs/InvasiveMedicalProceduresPositionStatement-April2013.pdf)

In addition, we are providing you with a sample consent form that should be issued and collected as a part of your permission form process. This consent form emphasizes the signs and symptoms of a concussion and the return to play protocol and requires both the student-athlete and the parent signature.